OhioHealth

Diabetes Log Sheet For _____ DOB _____

OhioHealth Endocrinology Physicians

John Blackman, MD | William Lutmer, MD | Muhammad Mahmood, MD

Phone: (614) 566-0610 Fax: (614) 566-0611

Date	Before Breakfast	Before Lunch	Before Dinner	Bedtime (2 hours after last food intake)	Comments
	80-130	**80-140**	**80-140**	**100-180**	**Target blood sugar**